



Don't forget to eat your vegetables.

# Berne Union Pre-School

October

## Lunch Menu

2017

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Farm to School Month</b> 2 Parmesan Chicken Bites Buttered Noodle  OR Build Your Own Baked Potato and a Soft Pan Roll  OR Turkey BLT Wrap California Blend Vegetable	Golden Corn Dog 3  OR Turkey Nacho  OR Pizza Muchable Spiced Pinto Beans	Pizza Parlor Pizza 4  OR Enchilada and Mexican Rice  OR Pretzel Bites/Cheese Cole Slaw	<b>HOM ApplesCinnamon</b> 5 Ham, Cheese and Egg on a English Muffin OR Pulled Pork on Ciabatta  OR Yogurt Pak Tater Tots **Pumpkin Apple Muffin**	<b>Breakfast</b> 6 Monday Burrito Tuesday Cinnamon Roll Wednesday Egg Toast Thursday French Toast All Breakfast includes Fruit or Juice and Milk
<b>School Lunch Week</b> 9 French Bread Pizza OR Deli Sandwich Ham  OR WG Chips, Salsa, Cheese  Golden French Fries	Chicken Tenders and a Soft Pan Roll 10  OR Salisbury Steak Sandwich  OR Turkey Munchable Mashed Potato and Gravy	BBQ Chicken on Ciabatta 11  OR Classic Cheeseburger  OR Deli Sandwich Turkey Calico Beans **Birthday Cake**	No School Fair Day 12	
Homemade Chili in a Bread Bowl 16  OR Golden Corn Dog  OR Turkey Muchable Potato Wedges	<b>HOM Apples/Cinnamon</b> 17 Meatloaf, Gravy, Roll, Cinnamon Sweet Apples OR Chicken Tenders, Roll, Cinnamon Sweet Apples OR Pretzel Bites/Cheese  Mash Potato, Corn Bread	Pulled Pork Sliders 18  OR Italian Stromboli  OR Pizza Muchable Creamy Coleslaw **Chocolate Chip Cookie**	Beefy Nachos with Homemade Cheese Sauce OR Chicken Bacon Ranch Melt OR Yogurt Pak  Refried Beans	
French Toast Sticks 23 Blenderless Smoothie or Sausage Patty OR Buffalo Chicken Calzone  OR Deli Sub Breakfast Potato	All American Burger Basket 24 OR Chicken Taco  OR Pizza Munchable  Cucumber Salad	Pasta with Meatsauce and a French Bread Slice 25 OR Italian Turkey Panini  OR Nacho & Cheese Garden Green Beans	<b>HOM Clementine</b> 26 Fish Sandwich on Ciabatta Basket OR Chicken Nugget Basket  OR Turkey BLT Wrap  Golden French Fries	
Sweet and Sour Chicken Bites over Rice 30  OR Cheeseburger  OR Pretzel Bites and Cheese Cubes Green Peas	Homemade Lasagna and Cheesy Garlic Toast 31  OR Breaded Chicken Patty on a Bun  OR Yogurt Pak Caesar Salad	Soft Shell Tacos with Lettuce, Cheese, Salsa  OR Roasted Hot Dog  OR Deli Sub Spiced Pinto Beans	 Choose <b>MyPlate.gov</b>	

**PRICES**

Regular	\$2.55
Reduced	\$0.40
Adult	\$3.15
Adult Combo	\$3.45
Extra Milk	\$0.45



**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate  
 Skim is included with lunch.  
 Entree Salads are served with Dinner Roll  
 For questions or comments, contact  
 Sherry Foltz FSD at 740-746-8341  
 or email foltzs@buschools.com.com

