



Don't forget to eat your vegetables.

Berne Union Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Farm to School Month 2 Parmesan Chicken Bites Buttered Noodle OR Build Your Own Baked Potato and a Soft Pan Roll OR Turkey BLT Wrap California Blend Vegetable	Golden Corn Dog 3 OR Turkey Nacho OR Pizza Munchable Spiced Pinto Beans	Pizza Parlor Pizza 4 OR Enchilada and Mexican Rice OR Pretzel Bites/Cheese Cole Slaw	HOM ApplesCinnamon 5 Ham, Cheese and Egg on a English Muffin OR Pulled Pork on Ciabatta OR Yogurt Pak Tater Tots **Pumpkin Apple Muffin**	Homemade Meatloaf and a French Bread Slice 6 OR Hot Turkey Sandwich OR Turkey Munchable Mashed Potatoes and Gravy
School Lunch Week 9 French Bread Pizza OR Deli Sandwich Ham OR WG Chips, Salsa, Cheese Golden French Fries	Chicken Tenders and a Soft Pan Roll 10 OR Salisbury Steak Sandwich OR Turkey Munchable Mashed Potato and Gravy	BBQ Chicken on Ciabatta 11 OR Classic Cheeseburger OR Deli Sandwich Turkey Calico Beans **Birthday Cake**	No School Fair Day 12	No School Fair Day 13
Homemade Chili in a Bread Bowl 16 OR Golden Corn Dog OR Turkey Munchable Potato Wedges	HOM Apples/Cinnamon 17 Meatloaf, Gravy, Roll, Cinnamon Sweet Apples OR Chicken Tenders, Roll, Cinnamon Sweet Apples OR Pretzel Bites/Cheese Mash Potato, Corn Bread	Pulled Pork Sliders 18 OR Italian Stromboli OR Pizza Munchable Creamy Coleslaw **Chocolate Chip Cookie**	Beefy Nachos with Homemade Cheese Sauce OR Chicken Bacon Ranch Melt OR Yogurt Pak Refried Beans 19	National Fruit Day 20 Cheese Bread with Marinara OR Southern Chicken Biscuit Sandwich OR Crispy Chicken Salad Garden Salad
French Toast Sticks 23 Blenderless Smoothie or Sausage Patty OR Buffalo Chicken Calzone OR Deli Sub Breakfast Potato	All American Burger Basket 24 OR Chicken Taco OR Pizza Munchable Cucumber Salad	Sports Surprise 25 Pasta with Meatsauce and a French Bread Slice OR Italian Turkey Panini OR Nacho & Cheese Garden Green Beans	HOM Clementine 26 Fish Sandwich on Ciabatta Basket OR Chicken Nugget Basket OR Turkey BLT Wrap Golden French Fries	National Brownie Day 27 Soft Tacos OR Hot Ham and Cheese Flatbread OR PB & J Garlic and Herb Broccoli
Sweet and Sour Chicken Bites over Rice 30 OR Cheeseburger OR Pretzel Bites and Cheese Cubes Green Peas	Homemade Lasagna and Cheesy Garlic Toast 31 OR Breaded Chicken Patty on a Bun OR Yogurt Pak Caesar Salad	Soft Shell Tacos with Lettuce, Cheese, Salsa OR Roasted Hot Dog OR Deli Sub Spiced Pinto Beans	 Choose MyPlate.gov	

PRICES

Regular	\$2.55
Reduced	\$0.40
Adult	\$3.15
Adult Combo	\$3.45
Extra Milk	\$0.45



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
 Skim is included with lunch.
 Entree Salads are served with Dinner Roll
 For questions or comments, contact
 Sherry Foltz FSD at 740-746-8341
 or email foltzs@buschools.com

